

Schedule Advisory Committee (SAC)  
**DESIRED OUTCOMES OF SAC SCHEDULE RECOMMENDATION**

*The bell schedule is one of many important factors that can support or challenge a school district to meet its goals on behalf of students, staff and families. The Schedule Advisory Committee believes it is important for the LGSUHSD community to have realistic expectations about what a new schedule is likely to accomplish. The community should not expect a schedule change to be “the solution” for complex goals like increasing well-being, improving the learning environment, or deepening relationships. With any schedule, students, staff and families all share responsibility to make daily choices that promote desired goals.*

*We believe that there is no “perfect schedule.” Every schedule option establishes a structure that requires different trade-offs, making certain activities and goals easier and others more challenging.*

*Schedule Advisory Committee has consensus that any schedule we recommend should promote, support and contribute to the following prioritized outcomes for the LGSUHSD community:*

- 1. The schedule should promote well-being and minimize the potential for stress and anxiety linked to the structure of the school day. SAC should recommend a schedule that can:**
  - a. contribute to the ability of students and staff to choose a healthy balance between academics, electives, extracurricular activities, and personal life**
  - b. support students to meet their sleep needs**
  - c. reduce the challenges students must address to manage their time effectively**
  
- 2. The schedule should contribute to a productive learning environment where:**
  - a. teaching and learning are well supported by the ways time is allocated within the schedule (e.g., optimal class length, schedule consistency & flexibility)**
  - b. teachers have dedicated time and plenty of opportunities to develop professionally, collaborate and share best practices**
  
- 3. The schedule should provide the time needed to build deep student-teacher relationships and offer personalized student support, including:**
  - a. ample opportunities for student-teacher contacts and connections**
  - b. committed and consistent time to address the needs of different learners**